

fisherking
SEAFOODS

EAT LIKE ROYALTY



SNOW CRAB

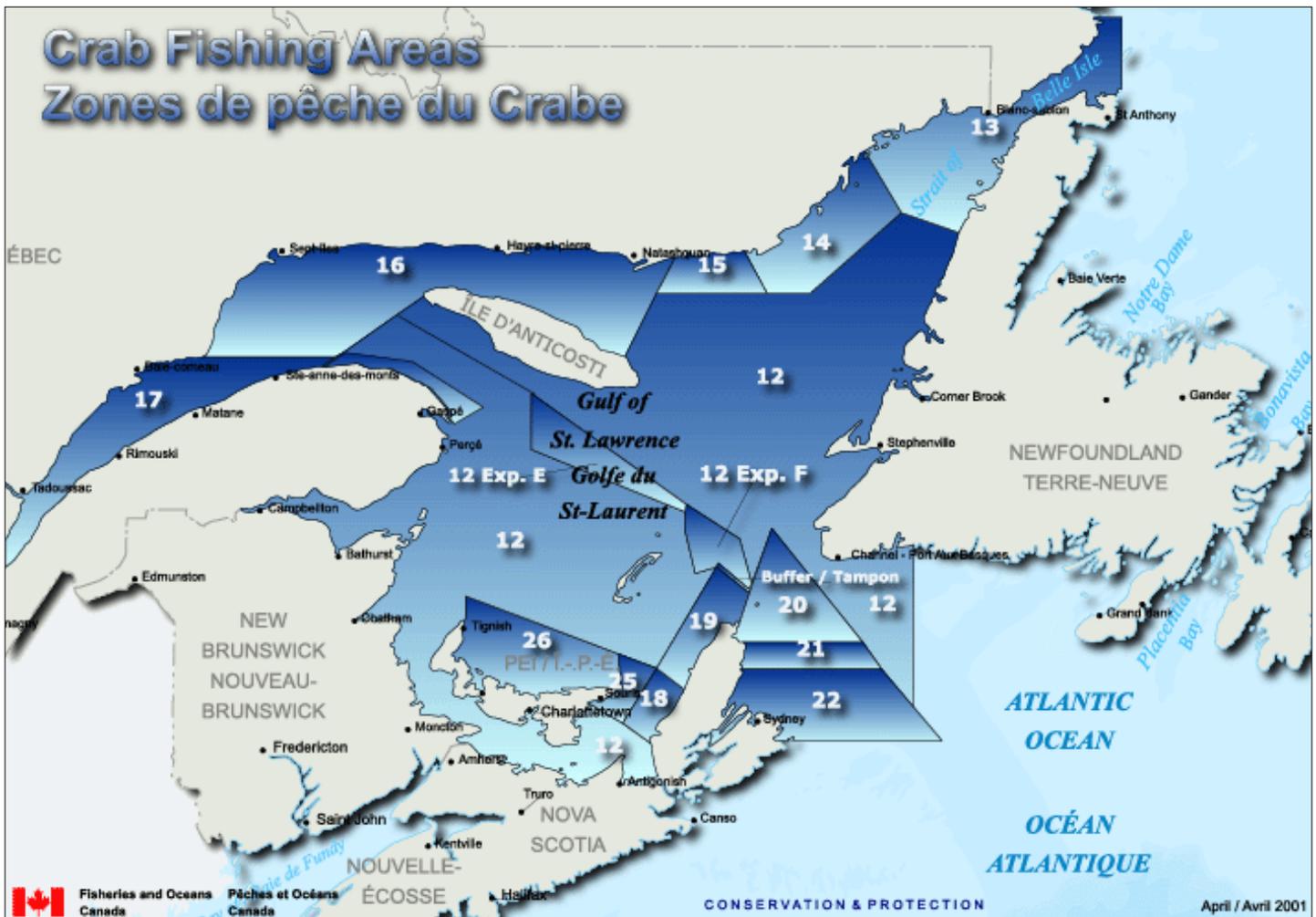
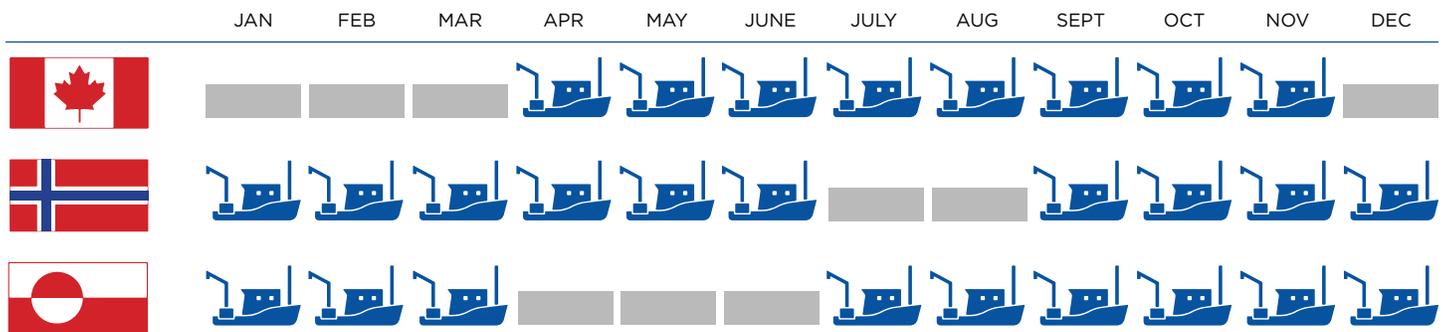
Chionoecetes opilio

Big. Bright. Beautiful.

Premium quality Gulf snow crab is delivered to port in aerated live wells. Our “Champagne” boats ensure the cleanest and freshest snow crab possible. Fisher King crab is immediately processed, cooked and

brine frozen to lock in the natural sweet taste and delicate texture. For the finest snow crab, make sure Fisher King is your choice.

FISHING SEASONS

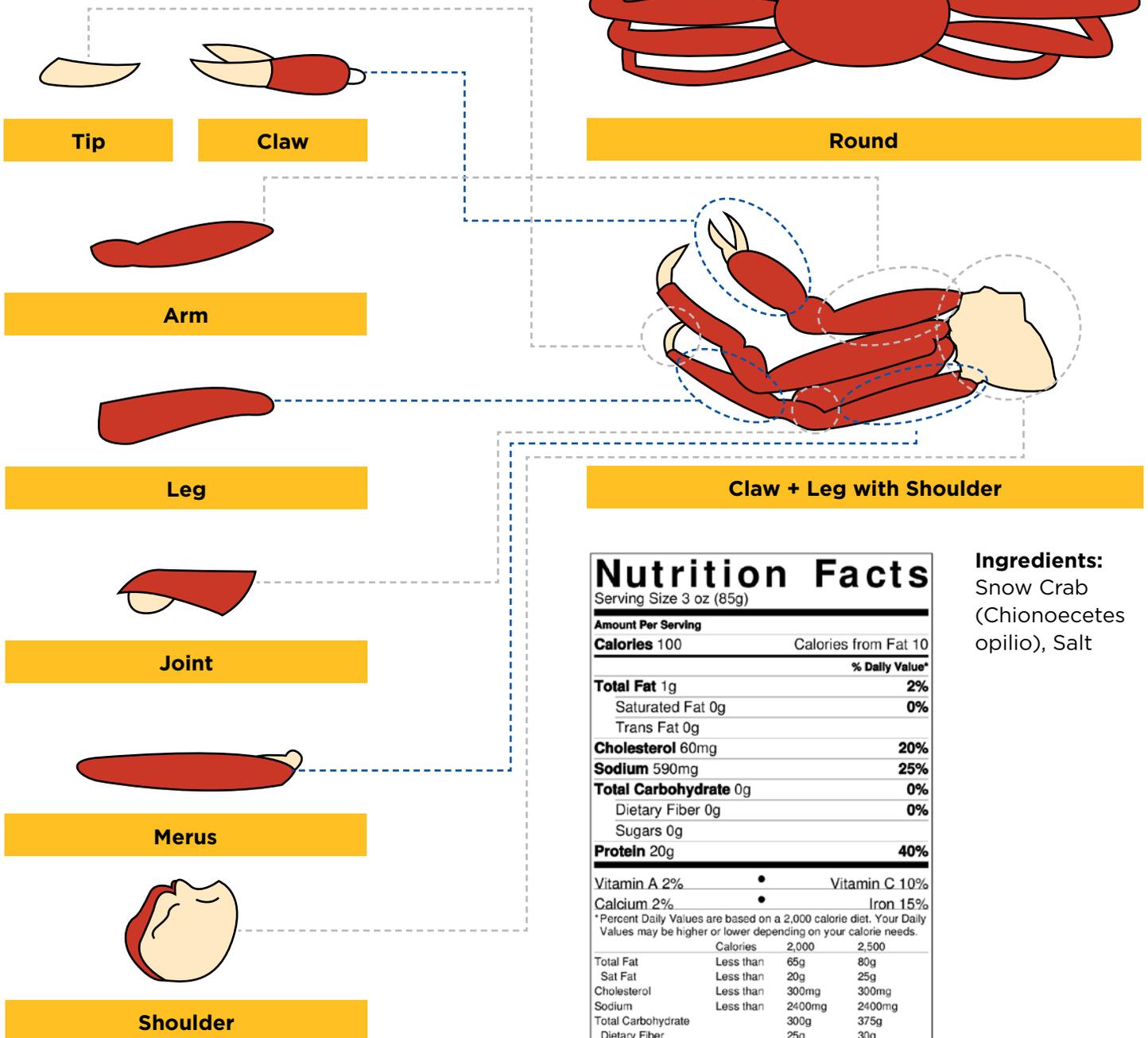


Snow Crab 101

Snow crab (*Chionoecetes opilio*) is harvested and processed throughout the Atlantic Provinces and Quebec. Snow crabs have a circular body with five pairs of long flattened legs, with the front ones sporting strong claws. When cooked, their shell turns

bright orangey-red and they are known for their rich, sweet flavor. Females grow to a maximum 3.7 inches in carapace width, while male snow crabs can grow nearly twice the size up to 6.5 inches.

SNOW CRAB ANATOMY



Nutrition Facts	
Serving Size 3 oz (85g)	
Amount Per Serving	
Calories 100	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 590mg	25%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 20g	40%
Vitamin A 2%	Vitamin C 10%
Calcium 2%	Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients:
Snow Crab
(*Chionoecetes opilio*), Salt

Catch Techniques

Crabs are usually caught in pots or traps. Pots are made in forms of cages or baskets in different sizes made from various materials such as wood, wicker, metal rods, wire netting and plastic. Pots usually contain one or more entrances. The pots are set on the bottom of the ocean, some baited with pieces of fish. The crabs will then enter the pots for the bait or use them for shelter.

Only male snow crabs that meet or exceed the minimum catch size are kept and female snow crabs are always returned to the water to ensure a sustainable fishery.



Snow Crab Clusters Sizes/Grading

- 4+ oz
- 5-8 oz
- 8-10 oz
- 10+ oz
- 12+ oz
- 14+ oz

#1 color, soldier pack, full meat fill

Other sizes/grading available

B grade
#2 color, full clusters, full meat fill, graded by size, soldier pack

K grade
#2 color, bulk pack, ocean run (5-8oz avg.), some legs missing, some broken

P grade
#1 color, full clusters, partial meat fill, ocean run (8oz avg.)

N grade
Ocean run (5-8oz avg.), incomplete clusters, full meat fill

ANX
#2 color, full clusters, full meat fill

Snow Crab Cluster Packs Available

1x30 lbs

Origin: Canadian
Master Carton Dimensions: 23"L x 17"W x 6"D
TiHi: 5 x 10
Cases per pallet: 50

1x20 lbs

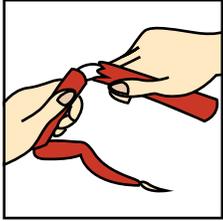
Origins: Norway, Greenland
Master Carton Dimensions: 19.2"L x 12.5"W x 7.2"D
TiHi: 7 x 9
Cases per pallet: 63

1x10 lbs

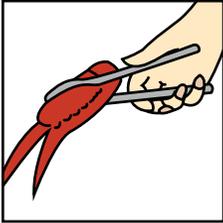
Origin: Canadian, Greenland
Master Carton Dimensions: 17.91"L x 14.01"W x 4.92"D
TiHi: 6 x 14
Cases per pallet: 84



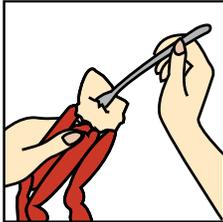
Snap And Eat!



Break legs from shoulder, then break each leg and pull out meat.



Use a nutcracker to break the claw and remove meat.



Use fork to extract meat from shoulder.



COOK & HANDLING INSTRUCTIONS



Shelf Life

24 months after freezing date.



Storing

Keep frozen at 0°F/ -18°C or below until ready to use. Do not refreeze.



Thawing Instructions

For best results defrost in cooler overnight or for quick thaw place into sealed bag under cold running water for 30 minutes. Consume within 24 hours of thawing.



Cooking

Snow Crab can be placed in boiling water or baked at 400 degrees in a preheated oven for about 4 minutes.



Serving Suggestions

Serve immediately. Butter, mayonnaise, and mushroom sauces can serve as flavor complements to Snow Crab. A traditional seafood cocktail sauce may also be used for dipping.

Also available at Fisher King Seafoods

Snow Crab Meat

Product Description: Salad, Combo, and All Leg
Pack Size: 6x5lbs

Snow Crab Cocktail Claws

Sizes: 9/12ct, 12/16ct, 16/20ct, 21/25ct
Pack Size: 6x3lbs

Our Competitive Advantage

METHODOLOGY

Reach

Fisher King Seafoods sources from every region, assuring the best crab available at the best price and the most up to date market information.

Quality Control

Fisher King Seafoods has four seasonal inspectors physically inspecting the production in plants throughout the entire season.

Location

Fisher King Seafoods is directly adjacent to all of the Canadian fishing zones. "This is our backyard."

Relationships

Strategic partnerships with Polar Seafood DK, Nichirei Fresh Inc. and Canadian packers gives us access to snow crab from around the world year round.

Knowledge of International Markets

Through our equity partner, Nichirei Fresh Inc. of Tokyo. Fisher King Seafoods has access to current pricing, including demand and supply figures from Japan.

Diverse Seafood Line

Fisher King Seafoods carries multiple species of crab, shellfish, shrimp, and fin fish. One source for all your seafood needs.

FEATURES & BENEFITS

- Wild-Caught
- Ready to Eat
- Beautiful bright shell, sweet taste and tenderness
- 100% natural, no chemicals or additives
- Brine frozen for locked in freshness and clean meat release from shell
- Harvested in cold pristine waters of the North Atlantic and Arctic Ocean
- Year round availability



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See more of our products at
www.fisherkingseafoods.com